<table>
<thead>
<tr>
<th>Time</th>
<th>Store Scene</th>
<th>Lille Scene</th>
<th>Conference Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00-8:10</td>
<td>Welcome Reflection: Dr. Victor Dzau, President of the National Academy of Medicine, Washington D.C.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:10-8:30</td>
<td>Opening Keynote: Dr. Woodson Merrell, MD – Director of the Continuum Center for Health &amp; Healing NYC, Chairman of the Department of Integrative Medicine Mt. Sinai Beth Israel Hospital (USA)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| 8:30-9:30    | Panel 3: Education: Can Integrative Medicine Improve Patient-Centered Healthcare through an Integrated Workforce?  
Federico Carvalho, Instituto de Medicina Tradicional (PT)  
Prof Vinje Fannemel, PhD Director of NAFKAM (NO)  
Suzanne Grant, PhD University of Western Sydney and the Chris O'Brien Lifehouse at Sydney Cancer Hospital (AU)  
Paulo de Tarso Ricieri de Lima, MD Hospital Israelita Albert Einstein (BR)  
Integrated Medicine in Brazil - HIAE experience |
| 8:45-9:00    | Healthy Organic Tea Break |
| 9:30 - 9:45  | Poster Parallel Research Sessions E  
INTEGRATIVE MODELS (10)  
An Integrative Approach in the Treatment of Chronic Obstructive Pulmonary Disease: the Role of Ayurveda  
Presenting Author: Emma BORRELLI, MD, PhD (Italy)  
Are Students of Health Professions in Germany Interested in Naturopathy and Complementary Medicine?  
Presenting Author: Dr. Beate STOCK-SCROGER (Germany)  
Development of a Pilot Project on Integrated Chinese-Western Medicine in Hong Kong Public Healthcare System  
Presenting Author: Eric ZEA (Hong Kong)  
From Regional to National rules in CAM Education: the State-Regions National Agreement approved in Italy  
Presenting Author: Sona Bazzetti (Italy)  
Integrative Medicine in Prevention Program: Dream or Reality?  
Presenting Author: Shit Saver, MD, MSc, PhD (Netherlands)  
Integrated Medicine, Multimorbidity, Polypharmacy and Antimicrobial Resistance  
Presenting Author: Dr. Peter Fishel, MD (UK)  
Perception of Future Integrative Medicine by Health Professionals. Qualitative Research  
Presenting Author: Diane Judelbomme (Lithuania)  
Types of Complementary and Alternative Medicine in a Global European City  
Presenting Author: Dr. Antonia Ramirez Perez (Spain)  
Use of Complementary and Alternative Medicine in Patients with Organ Transplantation in Switzerland  
Presenting Author: Klaus VON AMBCH (Switzerland)  
Closing the Gap: Improving Patient-Centeredness in Primary Care  
Presenting Author: Andrusa EORY MD, PhD (Hungary) |
| 9:45 - 10:00 | ORAL Parallel/Research Sessions E  
Ayurvedic Versus Conventional Dietary and Lifestyle Counseling for Mothers With Burnout-Syndrome: A Randomized Controlled Pilot Study  
Presenting Author: Christian Kessler (Germany)  
Craniosacral Therapy Efficacy in Chronic Neck Pain: A Follow-Up Study  
Presenting Author: Dr. Heidemarie Hailer (Germany)  
Evaluation of an Arts-Based Emotion Regulation Training in Male Prison Inmates – A Pilot Study  
Presenting Author: Thomas Ostermann (Germany)  
Group Therapy, Combining Meditation and Jungian Analysis Methods May Help to Stabilize and Improve Multiple Sclerosis (MS) Patients  
Presenting Author: Dr. El Janssens (Belgium)  
Yoga Research: Current Challenges and Future Perspectives  
Presenting Author: Dr. Stefano R. Solivan (USA) |
| 10:00 - 10:15 | Poster Parallel Research Sessions F  
MIND-BODY (5)  
Ayurvedic Versus Conventional Dietary and Lifestyle Counseling for Mothers With Burnout-Syndrome: A Randomized Controlled Pilot Study  
Presenting Author: Christian Kessler (Germany)  
Craniosacral Therapy Efficacy in Chronic Neck Pain: A Follow-Up Study  
Presenting Author: Dr. Heidemarie Hailer (Germany)  
Evaluation of an Arts-Based Emotion Regulation Training in Male Prison Inmates – A Pilot Study  
Presenting Author: Thomas Ostermann (Germany)  
Group Therapy, Combining Meditation and Jungian Analysis Methods May Help to Stabilize and Improve Multiple Sclerosis (MS) Patients  
Presenting Author: Dr. El Janssens (Belgium)  
Yoga Research: Current Challenges and Future Perspectives  
Presenting Author: Dr. Stefano R. Solivan (USA) |
| 10:15 - 10:30 | Poster Parallel Research Sessions G  
TCM (9)  
Adherence to Standards for Reporting Interventions in Clinical Trials of Acupuncture (STRICTA) guidelines in studies of acupuncture for patient with cancer  
Presenting Author: Dr. John Hughes, MD (UK)  
Chinese Herbal Formula Yu-Dian Tang Treatment for Insomnia After Ischemic Stroke (Wind-Phlegm Blocking the Collaterals Type): A Randomized, Single-Blind, Clinical Trial  
Presenting Author: Yong-hou Zhao (China)  
CF-CATS2: Using Technology to Integrate Tai Chi into Medical Treatments for People with Cystic Fibrosis – An RCT  
Presenting Author: Patricia Roman (UK)  
Complex Treatment by Acupuncture and Moving Exercises for Handicapped Children  
Presenting Author: Prof Dr. Gabriella HEGYI, PhD (Hungary)  
Developing an Acupuncture Protocol for the Treatment of Lower Limb Amputees with Phantom Limb Syndrome  
Presenting Author: Prof Nicola ROBISON (UK)  
Effects of a Mechanical Needle Stimulation Pad on Chronic Lower Back Pain – An Observational Trial  
Presenting Author: Romy LAUCHE, PhD (Germany)  
Photo Stimulation Via Light Frequencies of Acupuncture Points (Colorpuncture) for Fibromyalgia Syndrome (FMS)  
Presenting Author: Antonia Di FRANCESCO, Scientific Director (Italy)  
Resource Management using Information System in Chinese Medicine Service  
Presenting Author: Corey LAM (Hong Kong)  
Traditional Chinese Medicine as a Synergetic Treatment for Oncothermia  
Presenting Author: Prof Dr. Gabriella HEGYI, PhD (Hungary) |
| 10:30 - 10:45 | ORAL Parallel/Research Sessions F  
MIND-BODY (8)  
Chair: TBD  
Randomized Controlled Trial of Yoga and Meditation for Menopausal Symptoms in Breast Cancer Survivors  
Presenting Author: Romy Lauche (Germany)  
Complex Ayurvedic Treatment for Osteoarthritis of the Knee (CARAKA-Trial) – First results of a Randomized Controlled Trial Comparing Ayurveda and Conventional Standard Care  
Presenting Author: Christian S. Kessler, M.D. (Germany) |
| 10:45 - 11:00 | Poster Parallel Research Sessions G  
TCM (5)  
Adherence to Standards for Reporting Interventions in Clinical Trials of Acupuncture (STRICTA) guidelines in studies of acupuncture for patient with cancer  
Presenting Author: Dr. John Hughes, MD (UK)  
Chinese Herbal Formula Yu-Dian Tang Treatment for Insomnia After Ischemic Stroke (Wind-Phlegm Blocking the Collaterals Type): A Randomized, Single-Blind, Clinical Trial  
Presenting Author: Yong-hou Zhao (China)  
CF-CATS2: Using Technology to Integrate Tai Chi into Medical Treatments for People with Cystic Fibrosis – An RCT  
Presenting Author: Patricia Roman (UK)  
Complex Treatment by Acupuncture and Moving Exercises for Handicapped Children  
Presenting Author: Prof Dr. Gabriella HEGYI, PhD (Hungary)  
Developing an Acupuncture Protocol for the Treatment of Lower Limb Amputees with Phantom Limb Syndrome  
Presenting Author: Prof Nicola ROBISON (UK)  
Effects of a Mechanical Needle Stimulation Pad on Chronic Lower Back Pain – An Observational Trial  
Presenting Author: Romy LAUCHE, PhD (Germany)  
Photo Stimulation Via Light Frequencies of Acupuncture Points (Colorpuncture) for Fibromyalgia Syndrome (FMS)  
Presenting Author: Antonia Di FRANCESCO, Scientific Director (Italy)  
Resource Management using Information System in Chinese Medicine Service  
Presenting Author: Corey LAM (Hong Kong)  
Traditional Chinese Medicine as a Synergetic Treatment for Oncothermia  
Presenting Author: Prof Dr. Gabriella HEGYI, PhD (Hungary)  
TCM (5) |
<table>
<thead>
<tr>
<th>Time</th>
<th>Store Scene</th>
<th>Life Scene</th>
<th>Conference Room</th>
</tr>
</thead>
</table>
| 12:00 - 12:30 | Healthy Organic Lunch | Mindful Walking in Patients with Chronic Low Back Pain – A Randomized Controlled Trial  
Presenting Author: Bennie Brinkkawi (Germany)  
Effects of Yoga on Eating Disorders – A Systematic Review and Meta-Analysis  
Presenting Author: Thomas Dastemann, Prof. Dr. (Germany)  
Perceived Outcomes of Spiritual Healing and Explanations – A Qualitative Study on the Perspectives of German Healers and Their Clients  
Presenting Author: Michael Teut, MD (Germany)  
The Influence of a Multimodal Therapy Concept on Health-Related Quality of Life in Breast Cancer Survivors with Cancer-Related Fatigue in Comparison to a Standard Aerobic Therapy  
Presenting Author: Daniele Locke, MD (Italy)  
Efficacy of Hot Baths in Patients with Depression  
Presenting Author: Roman Huder (Germany)  
Results of a Randomised Multicentre Open Clinical Trial with Dormikind in Children Suffering from Sleep Disorders and Restlessness Compared to Glycine  
Presenting Author: Erik W. Baeus, MD, MSic, PhD (The Netherlands) | Chair: Dr. Li-Ling Liao, PhD, MB – University of Hong Kong School of Chinese Medicine, University of Maryland Center for Integrative Medicine (HK-USA)  
Transcutaneous Electrical Acupuncture Stimulation Improves Outcomes of In-Vitro Fertilization by Increasing Neuropeptide Y-Levels: A RCT  
Presenting Author: Fan QU, M.D., Ph.D., FRCCM, Associate Professor, Ph.D.  
Supervisor at Women’s Hospital, School of Medicine, Zhejiang University (China)  
Electro-Acupuncture Treatment for Delayed Gastric Emptying in Mechanically Ventilated Neurosurgical Patients: A Case Series Study  
Presenting Author: Shu-Ching Li, M.D. (Taiwan)  
Motor Entry Point Acupuncture Compared with the Standard Acupuncture for Treatment of Shoulder Abduction Dysfunction After Stroke: A Randomized Clinical Trial  
Presenting Author: Zhou WANG (China)  
Traditional Chinese Herbal Medicine in Patients with Chronic Rhinosinusitis  
Presenting Author: Dr. med. Josef Himmelhalber (Germany)  
Ensuring Model Validity in a Feasibility Study of Acupuncture to Improve Quality of Life and Fatigue in Cancer Patients Undergoing Radiotherapy Treatment (ART study)  
Presenting Author: John Hughes, MD (UK) |
| 12:30-13:00 | Elsevier Authors Roundtable | Member Meeting of the European Chapter of the International Society for Complementary Medicine Research (iSCMR) | Member Meeting of the European Society of Integrative Medicine (ESIM) |
| 13:00 - 13:30 | POSTER ParallelResearch Sessions H | NHP (7)  
Consumption of Herbal and Dietary Supplements in Patients Undergoing Bariatric Surgery: Cross-Sectional Prospective Study  
Presenting Author: Samuel Atlas (Israel)  
Herbal Medicine For Replacing Prokinetics in Functional GI Diseases  
Presenting Author: Kari Kruit (Germany)  
High-Dilutions as Mercury’s Chelating Agent  
Presenting Author: Léa Afshar-Iravani Bertaña-Bueno (Brazil)  
Lemon and Quince for the Treatment of Hay Fever Symptoms – A Randomized, Placebo Controlled Cross Over Study  
Presenting Author: Roman Huder (Germany)  
Modulation of Gastro-Intestinal Motility by a Herbal Medicinal Product – Mechanisms of Action  
Presenting Author: Karin Kruit (Germany)  
Rapid and Cost-Effective Assessments of the Safety & Benefits of Herbal Remedies With Using Systems Biology Technology (Fast-Pharma)  
Presenting Author: Joan Campbell-Tofte (Denmark)  
Valerian, Melissa, Passion Flower and Their Combination STW 32: Synergisms in Anxiolysis?  
Presenting Author: Karin Kruit (Germany) | NHP (8)  
ORAL ParallelResearch Sessions I  
LEO PHARMA ReThinkBox Keynote: Peter Askell Villadsen, Senior Director, Head of Global Centre of Excellence Patient Engagement LEO Pharma A/S |
### ORAL Parallel Research Sessions H

**Patient Experts (5)**

<table>
<thead>
<tr>
<th>Time</th>
<th>Store Scene</th>
<th>Lille Scene</th>
<th>Conference Room</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ORAL Parallel Research Sessions H</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Patient Experts (5)</strong></td>
<td>Chair: Dr. Peter Fisher, Medical and Research Director, Royal London Hospital for Integrated Medicine</td>
<td>Meta-analysis of randomised, placebo-controlled, trials of individualised homeopathic treatment Presenting Author: Robert T. Mathie, PhD (UK)</td>
<td></td>
</tr>
<tr>
<td><strong>Asking the Experts: A Qualitative Analysis of Patient-Centered Outcomes for Craniosacral Therapy</strong> Presenting Author: Heidemarie Haller, MSc, Department of Internal and Integrative Medicine, Klinikum Essen Mitte, Faculty of Medicine, University of Duisburg-Essen (Germany)</td>
<td><strong>Job satisfaction of Swiss general practitioners with and without proficiency certificate in homeopathy</strong> Presenting Author: Martin Frei-Erdi (Switzerland)</td>
<td>Double-Dummy Double-Blind RCT for Safety and Efficacy of a Combination of Nasturtium Herb and Horseradish Root in Patients with Uncomplicated Urinary Tract Infections Presenting Author: Andreas Michalsen, MD, PhD (Germany)</td>
<td></td>
</tr>
<tr>
<td><strong>Developing a New Intervention for Patients with Severe Chronic Fatigue Syndrome/ME: An In-Depth Collaborative Approach Based on Patient and Public Involvement</strong> Presenting Author: Clare McDermott, MSc, University of Southampton, Primary Care and Population Science (UK)</td>
<td>Effects of high phenolic olive oil on cardiovascular risk factors: A systematic review and meta-analysis Presenting Author: Christoph-Daniel Hohmann (Germany)</td>
<td>Efficacy of Cupping Therapy in Patients with the Fibromyalgia Syndrome – a Randomized Sham-Controlled Trial Presenting Author: Romy Lauche, PhD (Germany)</td>
<td></td>
</tr>
<tr>
<td><strong>Finding New Voices for Recovery: A Phenomenological Exploration of Narratives from Co-Learners in an Innovative Group Programme</strong> Presenting Author: Hilly Raphael, MA Oxfordshire CFS/ME Service, Oxford Health NHS Foundation Trust (UK)</td>
<td>Efficacy of Cabbage Leaf Wraps in Treating Symptomatic Osteoarthritis of the Knee – A Randomized Controlled Trial Presenting Author: Romy Lauche, PhD (Germany)</td>
<td>Homeopathic Therapy in Pediatric Atopic Diseases: Short and Long Term Outcomes Presenting Author: Gianfranco Trapani (Italy)</td>
<td></td>
</tr>
<tr>
<td><strong>King Lear: &quot;Nothing Can Come of Nothing: Speak Again&quot;: The Impact of PLACEBO on Pain &amp; Physical Activity in Patients with Osteoarthritis</strong> Presenting Author: Kaj Weishøj, MD, DMSci. University of Copenhagen, Dept. of Nutrition, Exercise &amp; Sports (Denmark)</td>
<td><strong>Herbal Treatment of the Respiratory Tract Infections in Paediatrics</strong> Presenting Author: Gianfranco Trapani (Italy)</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Healing Relationships – A Qualitative Study</strong> Presenting Author: Barbara Stockigt Institute for Social Medicine, Epidemiology and Health Economics, Universitaetsklinikum – Berlin (Germany)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Sunday, September 27th

<table>
<thead>
<tr>
<th>Time</th>
<th>Store Scene</th>
<th>Lille Scene</th>
<th>Conference Room</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>15:45 - 16:00 Healthy Organic Tea Break</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>16:00 - 16:15 Special Presentation: Karin Merch, Journalist Foreign News Dept. DR Danish Broadcasting Corporation</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>16:15 - 16:45 LEO PHARMA ReThinkBox: PATIENT ENGAGEMENT</strong></td>
<td><strong>Open Forum Panel Discussion</strong> Moderator: Karin Merch, Journalist Foreign News Dept. DR Danish Broadcasting Corporation</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>16:45-17:05 Closing Keynote: Dr. Victoria Maizes, MD – Executive Director, Arizona Center for Integrative Medicine; Professor of Clinical Medicine, Family Medicine and Public Health, The University of Arizona</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>17:05 - 17:15 Final Remarks</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>17:15 - 17:30 Ceremonial Closing / Nordic Council Roundtable</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>